

# Innisfail Connects



## What is Innisfail Connects?

Join us for a variety of interactive phone or online social/health program opportunities. These programs are free of charge and provides friendly conversation for older adults. Participants can join from the comfort of their own home.

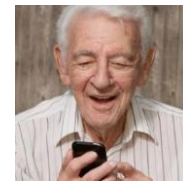


## Who is Innisfail Connects for?

Innisfail Connects is for older adults (55+) who are looking for a way to stay in touch in the community. These individuals may find it difficult to leave their home so this is a nice alternative to join people from your home.

## Program Instructions:

- 1) Program schedules are sent out at the end of each 2 month series but please contact us at 403- 227-2866 to share your contact information. Participants can also pick them up at the Innisfail Senior Drop-In Centre, the Public Library, the Henday Associate for Lifelong learning and the Town office. They can be requested at any time from Henday Association for Lifelong Learning for assistance at 403.227.2866 or online at [info@hendaylearning.com](mailto:info@hendaylearning.com)
- 2) A few minutes before the program begins, follow the call-in instructions



## Call In- Instructions:

- 1) Dial the toll-free number: 1.587.328.1099
- 2) You will hear an automated voice with the following message: “Welcome to Zoom”. Please enter your Meeting ID number followed by #” **871.159.2750#** \*if you hear a message that this meeting does not exist, please check that you have entered the correct number and try again.
- 3) The next message will be the following: “Please enter the participant ID or press the pound key”  
\*There are no further ID numbers, please press the pound key
- 4) The next message will ask you to state your name and press the pound key (#).  
Please state your **first name only**.

## Online Instructions:

If you are interested in connecting to Innisfail Connects via video invite please email us at: [info@hendaylearning.com](mailto:info@hendaylearning.com)



## Code of Conduct:



Innisfail Connects is an inclusive environment. This means that we value and support diversity and individuals from all walks of life. We ask each participant to help us by adhering to the following guidelines:

- Allowing every participant to contribute
- Letting the facilitator to guide and direct the group
- Contacting staff directly if you have an issue with a group member



Please keep all personal information shared confidential.



Please do not interrupt when others are speaking.



Treat each other with dignity and respect.



Try not to give advice unless you are asked for it.

## We hope that you will join our community!



Innisfail Connects is brought to you by the Community Partners in Action, Innisfail Senior Drop-In Centre, Innisfail Public Library and the Henday Association for Lifelong Learning.

**For more information call: 403.227.2860**

### **Acknowledgement:**

Thank-you to Seniors Centre without Walls and the Edmonton Southside Primary Care Network for their guidance and content in creating Innisfail Connects.