



Innisfail Senior Drop-In Society

4959-53 Street T4G 1S7 Phone: 403-227-6601

Website: innisfailseniorcentre.com Email: seniordropin@outlook.com

April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	¹ 10:00 Floor Curling 1:30 Euchre 1:30 Craft & Chat 6:00 Latin Dance	² 10:00 Carpet Bowling 1:30 Cribbage 7:00 Game Night	³ 10:00 Creative Learning 12:30 Cinnamon Buns 1:00 Plarning 1:30 Canasta 6:00 Line Dancing	⁴ 10:00 Floor Curling 12:00 Come for Lunch 1:00 Bingo 1:30 Whist	⁵ 10:00 Carpet Bowling 1:00 Bridge	⁶ 1:00 – 4:00 JAM
⁷ Rented	⁸ 10:00 Floor Curling 1:30 Euchre 1:30 Craft & Chat 6:00 Latin Dance	⁹ 10:00 Carpet Bowling 1:30 Cribbage 7:00 Game Night	¹⁰ *1:00* Birthday Party <i>Friends</i> 6:00 Line Dancing	¹¹ 10:00 Floor Curling 12:00 Vol. App. Lunch 1:00 Bingo 1:30 Whist	¹² 10:00 Carpet Bowling 1:00 Bridge	¹³ 1:00 – 4:00 JAM
¹⁴ Facility Available to Rent	¹⁵ 10:00 Floor Curling 1:30 Euchre 1:30 Craft & Chat NO DANCE	¹⁶ 10:00 Carpet Bowling 1:30 Cribbage 4:00 Tall Tales Improv 7:00 Game Night	¹⁷ 10:00 Board Mtg. 1:00 Plarning 1:30 Canasta 6:00 Line Dancing	¹⁸ 10:00 Floor Curling 12:00 Come for Lunch 1:00 Bingo 1:30 Whist	¹⁹ 10:00 Carpet Bowling 1:00 Bridge	²⁰ 1:00 – 4:00 JAM
²¹ Facility Available to Rent	²² 10:00 Floor Curling 1:30 Euchre 1:30 Craft & Chat NO DANCE	²³ 10:00 Carpet Bowling 1:30 Cribbage 7:00 Game Night	²⁴ 10:00 Wellness Wed. <i>Mindful Meditation</i> 1:00 Plarning 1:30 Canasta 6:00 Line Dancing	²⁵ 10:00 Floor Curling 12:00 Come for Lunch 1:00 Bingo 1:30 Whist	²⁶ 10:00 Carpet Bowling 1:00 Bridge	²⁷ 1:00 – 4:00 JAM
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The office is open on Tuesday, Wednesday, and Thursday from 9:00 a.m. to 4:00 p.m.

Innisfail Senior Drop-In Society

What's Happening (the details)

Participants: Activities are open to the society members **as well as NON-MEMBERS** (ages 50+).

Activity Costs: \$2.00 for society members (annual membership of \$15.00) and \$4.00 for non-members, unless otherwise specified.

Dance

Spanish/Latin Dance: Join our instructor Jay for some Salsa and Bachata dance instruction. \$5.00 Payment to the teacher.

Dates/Times: Mondays, from 6:00 to 7:00 p.m. EXCEPT the fourth Monday of every month as the building is rented.

Line Dancing: Beverly is continuing to teach you how to line dance.

Dates/Times: Wednesdays, from 6:00 to 7:30 p.m.

Socialize (including food and/or entertainment)

Birthday Party: Come celebrate with birthday cake, tea & coffee! Entertainment will be Friends. **NOTE: Starts at 1:00 p.m.**

Dates/Times: 2nd Wednesday each month, at 1:00 p.m. **Cost:** \$3.00/person for members, \$4.00/person for non-members, and BIRTHDAY PERSON FREE!!!

Come for Lunch: Come socialize and have a fabulous meal. Best deal in town!!!

Dates/Times: Thursdays (except April 11), at 12:00 p.m. **Cost:** \$5.00/person for members and \$6.00/person for non-members (**PLEASE pre-register**)

Volunteer Appreciation Lunch: Free lunch for Innisfail Senior Drop-In volunteers.

Dates/Times: Thursday, April 11, at 12:00 p.m. **Cost:** Free (**PLEASE pre-register**)

Jam Sessions: Come listen and/or dance to some local musicians. Tea and coffee included. You are welcome to bring food to share!

Dates/Times: Saturdays, from 1:00 to 4:00 p.m. **Cost:** \$2.00/person for members and non-members

Play

Game Night: Come play some board games provided at the centre or bring your own from home to play.

Dates/Times: Tuesdays, at 7:00 p.m.

Live Bingo: Thanks to a donation from Innisfail FCSS, bingo is back and with PRIZES! **WEEKLY in APRIL!!!**

Dates/Times: Thursdays, at 1:00 p.m.

Learn

Creative Learning: This month is a Whimsical Flower Vase Sign. Guest facilitator is Tara Downs. Bring your own lunch.

Dates/Times: 1st Wednesday each month, at 10:00 a.m.

Tall Tales Impov: Calling all actors/actresses who would like to give Improv a try. Refreshments included.

Dates/Times: April 16 (Tuesday), from 4:00 to 5:30 **Cost:** Free (**PLEASE pre-register**)

Wellness Wednesday: Sandra Joe, a mental health therapist, will be doing a session on Mindful Meditation to improve emotional and mental well-being.

Dates/Times: 4th Wednesday each month, at 10:00 a.m. (Available on Zoom ID: 876 9369 1662)

Other

BOARD MEETING

Dates/Time: 3rd Wednesday each month, at 10:00 a.m.



Cards (5 days a week):

- Euchre
- Cribbage
- Canasta
- Whist
- Bridge

See front for days/times!

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