

Wellness Wednesday

at the

Innisfail Senior Drop-In

FOOT CARE

Jessa will be at the Drop-In to teach us the
Importance of foot care for men & women

Wednesday, September 28, 2022

Coffee, tea and snacks will be provided.

Cost is \$2.00 per member or \$4.00 for non-members

Call 403-227-6601 or email

seniordropin@outlook.com

For more information

or to register

Everyone Welcome